UCSD Geriatric Medicine & Psychiatry Curriculum: Journal Club Gerontology Research Collaborative (GRC)

The Division of Geriatrics, Gerontology, and Palliative and the Gerontology Research Collaborative (GRC) in conjunction with the Geriatric Medicine and Geriatric Psychiatry Fellowships host a journal club every 4th Friday from 3:30pm-4:30pm from August to June.

General Goals:

1. Provide critical appraisals of articles that impact that clinical practice of geriatric medicine/psychiatry.

- 2. Learn the skills of evidence-based medicine and practice: interpreting findings presented in the medical literature. Be comfortable in researching a clinical question.
- 3. Gain familiarity with basic statistical methods.
- 4. Gain insight into a specific clinical problem.
- 5. Improve oral presentation skills.

Objectives – Competencies met during this activity:

1. Medical Knowledge:

a. The fellow will learn the skills of reviewing the literature by using the tools of Evidence Based Medicine.

b. The fellow will demonstrate knowledge of the topic that is reviewed in order to lead the discussion.

2. Practice Based Learning and Improvement

a. This exercise allows the fellow a true opportunity to appraise and assimilate scientific evidence in order to improve upon the care of patients.

b. The fellow will demonstrate the ability to locate, appraise, and assimilate evidence from scientific studies related to the care of older patients.

c. The fellow will present information that then can be applied to patient care.

d. The fellow, by leading this conference, will participate in the education of other fellows and faculty members in addition to students and residents who are rotating on the service.

3. Interpersonal and Communication Skills

a. The fellow will demonstrate effective communication skills by leading and teaching this conference

4. Professionalism:

a. The fellow will demonstrate professional behavior by taking responsibility for his/her session and by being wellprepared and accountable to the Division by getting materials out in a timely fashion in addition to leading the session.

Specific Expectations and Responsibilities for Fellows:

- 1. Each fellow will present one high quality and well-prepared journal club presentation throughout the year using original Powerpoint slides.
- 2. Fellows must initiate discussion with their pre-selected faculty mentor at least **4 weeks** prior to the journal club regarding selection of the journal club article. And their journal article approved by their faculty mentor at least 2 weeks prior.
- 3. Fellows must have a **draft of their powerpoint slides** for review by their faculty mentor **1 week** prior to their presentation.
- 4. Fellows must send Dr. Han the article they have selected no later than **1 week prior** to the presentation (Monday at 5pm) so that the article can be disseminated to the division.
- 5. Evaluations of your journal club presentation and the journal article will be kept for future reference by fellows and faculty. These will be used in the evaluation of the fellow's overall performance at mid and end of year reviews.
- 6. <u>For fellows not presenting</u>, it is expected that all fellows will attend, read the article ahead of time, and come prepared to be an active participant in the discussion.