

WEBVTT

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00:00:01.680 --> 00:00:04.710

Diana Jung (She/Her): Alright it's starting recording all right.

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00:00:05.850 --> 00:00:07.680

Diana Jung (She/Her): i'll begin the interview.

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00:00:09.179 --> 00:00:09.599

Asmaa Deiranieh: Okay, perfect.

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00:00:10.679 --> 00:00:19.590

Diana Jung (She/Her): Um hello, my name is Diana Jung today is may 27 2021 and i'm a current undergrad student at UC San Diego.

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00:00:20.160 --> 00:00:36.450

Diana Jung (She/Her): Today, I have the privilege of interviewing Asmaa through zoom for the UC San Diego race and oral History project Thank you so much for joining me today and i'm looking forward to our conversation and to start up, could you share with me your full name?

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00:00:36.930 --> 00:00:41.400

Asmaa Deiranieh: yeah of course i'm happy to be here, my name is Asmaa Deiranien.

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00:00:42.990 --> 00:00:44.730

Diana Jung (She/Her): And how are you today?

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00:00:45.420 --> 00:00:47.970

Asmaa Deiranieh: i'm doing well, thank you so much for asking how about you?

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00:00:48.780 --> 00:00:49.830

Diana Jung (She/Her): doing well as well.

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00:00:51.030 --> 00:00:51.720

Diana Jung (She/Her): Almost friday (chuckles)

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00:00:52.260 --> 00:00:55.140

Asmaa Deiranieh: yeah definitely looking forward to that.

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00:00:55.380 --> 00:00:55.740

yeah.

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00:00:56.880 --> 00:01:01.860

Diana Jung (She/Her): What drove you to join the uc San Diego youth advisory council?

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00:01:02.670 --> 00:01:15.060

Asmaa Deiranieh: um so great question so um I graduated from ucsd as a public health major not too long ago, and so, with that I wanted to get into the fields of public health, so.

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00:01:15.900 --> 00:01:23.430

Asmaa Deiranieh: My my fields were my options were kind of open like I wasn't really too strict on what I wanted to what I was going to get into but.

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00:01:24.510 --> 00:01:28.410

Asmaa Deiranieh: At the bottom of my heart, I was hoping that I would be something related to public health.

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00:01:29.040 --> 00:01:41.160

Asmaa Deiranieh: And then I was subscribed to the public health email is serve and then this opportunity came up where it was with the uc San Diego Center for Community health and so that instantly piqued my interest because it's.

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00:01:41.820 --> 00:01:48.240

Asmaa Deiranieh: Just based on reading what the Center does it's really relevant to what I studied and it just.

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00:01:48.810 --> 00:01:57.150

Asmaa Deiranieh: sounded amazing like the type of work that they do, and so the opportunity was for the youth advisory councils as a Community health specialist.

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00:01:57.600 --> 00:02:11.280

Asmaa Deiranieh: And so I ran the program for that and I applied and that's that's what I do so that's That was the story So when I saw

like the description of it, I I definitely loved the idea of.

21

00:02:11.880 --> 00:02:21.330

Asmaa Deiranieh: working for the Center but also, I do have a background with youth work, so basically it's everything that I was already interested in beforehand so that's what drove me to apply.

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00:02:25.140 --> 00:02:31.200

Diana Jung (She/Her): Tell me how your experience has been as a program coordinator, with a youth advisory council.

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00:02:32.160 --> 00:02:44.430

Asmaa Deiranieh: So I joined about it's going to be almost two years in November, so in those two years I kind of started out just first learning about it so.

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00:02:44.970 --> 00:02:54.270

Asmaa Deiranieh: With that learning process I kind of just observed the meetings, there was a program coordinator before me, and so I just mostly helped out with those meetings by just like.

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00:02:55.440 --> 00:03:05.790

Asmaa Deiranieh: kind of supporting as much as I can but, as I got the hang of the meetings I started to take more of a leadership role, and now I fully run the program on my own.

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00:03:06.300 --> 00:03:15.090

Asmaa Deiranieh: So that has been a great experience like just going from just observing the meetings and now actually running the meetings has been really great working with the youth has.

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00:03:15.570 --> 00:03:20.580

Asmaa Deiranieh: really worthwhile, because I think the work is very hands on and it's youth-led type of work.

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00:03:21.030 --> 00:03:31.380

Asmaa Deiranieh: So that's something that I advocate for like putting the power back in the hands of youth who don't always kind of get a voice and different types of settings.

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00:03:31.800 --> 00:03:43.380

Asmaa Deiranieh: So the fact that it is youth led work and I just facilitate instead of run things is really meaningful because i'm there has like an ally and support and instead of just the person who runs the show basically.

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00:03:44.040 --> 00:03:52.050

Asmaa Deiranieh: So being that facilitation and working alongside the youth and just having them be the decision makers.

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00:03:52.560 --> 00:04:05.280

Asmaa Deiranieh: is really amazing and i'm glad that I get to do it, so those two years went by super quickly because of how fun it's been, and so I think like what any type of work that you do with youth it's pretty fun.

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00:04:06.450 --> 00:04:07.350

Diana Jung (She/Her): that's amazing.

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00:04:07.500 --> 00:04:14.790

Diana Jung (She/Her): yeah and do you also see the establish more strong bond with the youth

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00:04:14.790 --> 00:04:18.990

Diana Jung (She/Her): um, as they also grow through the program and um.

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00:04:20.670 --> 00:04:24.450

Diana Jung (She/Her): Do you see the changes, and how does that affect you.

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00:04:24.990 --> 00:04:26.580

Asmaa Deiranieh: yeah no great question.

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00:04:27.600 --> 00:04:34.260

Asmaa Deiranieh: I think the most rewarding aspect of working with you that opportunity to bond and see them grow like you said, I think.

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00:04:34.620 --> 00:04:54.270

Asmaa Deiranieh: that's a very unique opportunity that you don't get everywhere else, and I definitely say see it like you said with Returners so members who've been a part of the program for more than

just one year, so we kind of like follow the school year and so since it's some of them.

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00:04:56.100 --> 00:05:02.010

Asmaa Deiranieh: When I first joined, some of them were seniors so I did see some graduate i've seen like their scholarship.

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00:05:03.240 --> 00:05:08.880

Asmaa Deiranieh: process and seeing like where they went through college, and that was really fun and then some of them when I joined we're actually.

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00:05:09.210 --> 00:05:16.650

Asmaa Deiranieh: Not seniors so now they're returning, and I, and I definitely get you have like more time with them and just seeing like each each.

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00:05:16.950 --> 00:05:23.490

Asmaa Deiranieh: grade level has its own fun things like it's fun to see the seniors off, but it's also fun to see the Returners and see.

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00:05:23.940 --> 00:05:30.000

Asmaa Deiranieh: How they grow and that's definitely been super meaningful and i've definitely developed a really close connections.

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00:05:30.900 --> 00:05:41.790

Asmaa Deiranieh: Because of that, and also, I think the past two years by themselves have been really unique in terms of like what's been going on throughout the world, so I think.

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00:05:42.480 --> 00:05:49.410

Asmaa Deiranieh: i've been lucky to be able to experience that because it just it's been putting people in different lights i've been getting to see seeing.

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00:05:50.520 --> 00:05:56.730

Asmaa Deiranieh: Youth and seeing their resiliency and going through covid and going through zoom learning but that's something that.

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00:05:57.330 --> 00:06:09.660

Asmaa Deiranieh: No generation has before like in recent times and

seeing them navigate like senior year through all that like, how they change their expectations but also have.

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00:06:10.470 --> 00:06:16.020

Asmaa Deiranieh: You know just go through it like with some much success and and they're so brave.

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00:06:16.650 --> 00:06:23.760

Asmaa Deiranieh: And also, I think I notable moment was when during like the the black lives matter protest that happened a year ago.

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00:06:24.120 --> 00:06:32.340

Asmaa Deiranieh: Having some youth reach out to me and actually be a part of those protests in such a really momentous moment in history, and these are just.

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00:06:32.730 --> 00:06:39.990

Asmaa Deiranieh: There you should be focusing on school, but they know that this is such a powerful moment in their lives, that they have to be involved in.

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00:06:40.650 --> 00:06:53.610

Asmaa Deiranieh: And it's definitely historical like to be a part of something like that when ideally like I would want youth to just be focused on their own like they're going through so much and so to add something so.

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00:06:54.990 --> 00:07:09.630

Asmaa Deiranieh: So difficult, on top of it is really it's it's mind blowing, but it also does it's very humbling for me to see as a facilitator as well, so that's that was also something pretty unique about the past two years.

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00:07:10.530 --> 00:07:25.860

Diana Jung (She/Her): yeah yeah that's that's really very like a cool experience, because you see how they observe things different kind because they're young and you know, like their perspective is different.

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00:07:26.280 --> 00:07:33.330

Asmaa Deiranieh: yeah definitely i'm humbling in a way that to see like this strength that that so many youth have.

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00:07:35.610 --> 00:07:45.030

Asmaa Deiranieh: That they already had, so it wasn't something that we give them is something that they had, and I think it's nice to see it come out.

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00:07:45.330 --> 00:07:46.530

Diana Jung (She/Her): yeah amazing.

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00:07:47.700 --> 00:08:05.640

Diana Jung (She/Her): And as a program coordinator and event coordinator, what kind of things do you do in order for to help those the youth grow and what kind of events do you focus on to like how to direct them for their growth.

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00:08:06.540 --> 00:08:21.870

Asmaa Deiranieh: So I think the main way that I try to facilitate is figure out some of the details and the behind the scenes work, I think that goes into their projects, so we try to focus on doing one main project.

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00:08:23.250 --> 00:08:32.370

Asmaa Deiranieh: That they the project is something that they choose, so what we do is throughout the year can start off these conversations where.

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00:08:34.980 --> 00:08:42.750

Asmaa Deiranieh: it's like a model that I try to follow where it's like youth reactionary search and so what that is it's like a youth led type of research.

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00:08:43.230 --> 00:08:50.490

Asmaa Deiranieh: And so that model I don't strictly follow it because, again I do want it to be youth led so I don't want to put them on a strict timeline.

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00:08:50.970 --> 00:08:58.710

Asmaa Deiranieh: But with that model it's like the idea behind us to start off with some team building and then start off with discussing what are the issues that we have in.

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00:09:00.960 --> 00:09:06.990

Asmaa Deiranieh: These current times like what's important to us and so through a series of discussions and activities and hopefully.

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00:09:08.460 --> 00:09:15.690

Asmaa Deiranieh: Like a lot of engagement, though, identify what's currently important to them, or what they want to focus on.

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00:09:16.200 --> 00:09:22.320

Asmaa Deiranieh: And then we'll do some like data collecting off of that and that can look in so many different ways, some data could be.

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00:09:22.860 --> 00:09:34.350

Asmaa Deiranieh: I think, with zoom in the data collection was a little bit different from normal times but it's still valuable data, and we would they did the best that they could, which is pretty amazing I think we still got a lot done.

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00:09:35.730 --> 00:09:40.170

Asmaa Deiranieh: And what that data collection, will the the youth will then identify.

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00:09:42.510 --> 00:09:46.830

Asmaa Deiranieh: Like what how they want to respond to it so like the what ifs and.

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00:09:47.190 --> 00:09:56.940

Asmaa Deiranieh: kind of like the action item, and I think the best thing about this program that I really appreciate so much is that something that's actionable instead of just doing the research and then.

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00:09:57.450 --> 00:10:08.010

Asmaa Deiranieh: Identifying the problem and it just disappears into the air, so there is like something that we do about it that's always nice I think for for anybody, but also, especially for you to don't always.

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00:10:08.400 --> 00:10:13.320

Asmaa Deiranieh: Who are pretty aware of the problems with don't always get to see action come out of it.



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00:10:14.460 --> 00:10:29.610

Asmaa Deiranieh: So me as a facilitator I just try to kind of facilitate that process, make sure the planning goes well, I don't make the decisions for them, though I just try and run this like lead the discussions in a way, see where they need support see where they don't need support.

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00:10:30.930 --> 00:10:39.510

Asmaa Deiranieh: And that's how so just kind of like doing the nitty gritty stuff of the project, just to support it as much as they can because they are full time students so.

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00:10:40.320 --> 00:10:49.530

Asmaa Deiranieh: helping them out with with that as much as possible, so that the project can still happen, I think it's where I can help out the most.

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00:10:50.160 --> 00:11:01.680

Asmaa Deiranieh: And then, on top of that, I do try and get access to give them exposure to different skill building projects different Community events so this year I focused along getting a lot of.

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00:11:02.460 --> 00:11:15.840

Asmaa Deiranieh: guest speakers to teach them different skills and different expertise and I know that that's been really meaningful to them, so the main role, I would say is guiding the project and then also giving them exposure to advocacy and skills, when I can.

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00:11:16.830 --> 00:11:17.940

Diana Jung (She/Her): it's very awesome.

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00:11:18.030 --> 00:11:21.000

Diana Jung (She/Her): yeah I wish I had that experience when I was a youth.

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00:11:24.240 --> 00:11:38.280

Diana Jung (She/Her): And, um, throughout those experiences and the role that you do, what do you want to change or what is your the focus and the main goal today with that experiences.

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00:11:39.420 --> 00:11:46.020

Asmaa Deiranieh: So so just to make sure I understand says it like things that I would do differently following from now?

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00:11:46.620 --> 00:11:58.560

Diana Jung (She/Her): yeah um for following from now, or if there are changes that you want to make what would that be, or what is the very end goal? um

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00:11:59.610 --> 00:12:18.630

Diana Jung (She/Her): i'm sure like it's there is for you to you want the children to like also like guiding them through the more of a growth, but is there any like your personal goal to just like, yeah, just a personal goal through the role that you do? or um.

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00:12:21.420 --> 00:12:24.300

Asmaa Deiranieh: Great point, I would say, maybe.

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00:12:25.020 --> 00:12:27.510

Asmaa Deiranieh: A personal goal so.

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00:12:29.430 --> 00:12:29.940

Asmaa Deiranieh: I think um.

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00:12:32.550 --> 00:12:41.130

Asmaa Deiranieh: The nice thing about this year is, I was able, was being with actual coordinator versus last year I was more of a support, I was able to to.

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00:12:41.520 --> 00:12:57.810

Asmaa Deiranieh: kind of change things not change things, but run it a little bit differently, and so, with that I just the flexibility came with with running things, and so what I wanted to do that, I thought would be an improvement to the program for examples, having more.

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00:12:59.520 --> 00:13:10.860

Asmaa Deiranieh: set time for discussions that are separate from the program so instead of always talking about the project setting time aside to talk about like current political events or current issues that we see.

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00:13:11.670 --> 00:13:18.120

Asmaa Deiranieh: So I got to do more of that this year, because it was something that I really wanted to do and thankfully like, um.

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00:13:19.170 --> 00:13:28.530

Asmaa Deiranieh: I had the flexibility to do that, this year, so it was really nice so that is something that I think I would want to continue and just make sure I will continue to do.

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00:13:29.670 --> 00:13:37.050

Asmaa Deiranieh: um and then I think it would be nice to expand it more expand the program right now.

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00:13:37.290 --> 00:13:38.520

Asmaa Deiranieh: The the programs.

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00:13:38.820 --> 00:13:47.340

Asmaa Deiranieh: Open their own to high school youth and so we're seeing but mostly right now it's juniors and seniors.

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00:13:48.180 --> 00:13:59.460

Asmaa Deiranieh: But that changes every year, depending on who who joins because it is open, I think, expanding the program would be nice, although I would still want to keep it like separate age groups, just because I think.

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00:14:00.390 --> 00:14:18.060

Asmaa Deiranieh: Making the smaller groups is pretty valuable in terms of comfort and everything so probably the for the main one is to expand the program as much as I can but also make sure it's like a valuable space for them to open up the way that that we want to do them to have.

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00:14:19.980 --> 00:14:29.100

Diana Jung (She/Her): that's awesome i'm sure, like the yeah, I guess, like the different ages, they do have a different environment that they prefer.

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00:14:30.090 --> 00:14:41.550

Asmaa Deiranieh: yeah but it's nice for each setting, so I worked with middle school before and I love middle school bustle of high school but, like the environments are different, but each one has its pros and.

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00:14:42.720 --> 00:14:52.530

Asmaa Deiranieh: pros and like different I guess needs, so I would want to have two different programs, but I definitely want to separate them, but I think it's nice it's definitely.

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00:14:53.910 --> 00:14:56.610

Asmaa Deiranieh: An area of need that I think they could be filled.

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00:15:00.960 --> 00:15:11.190

Diana Jung (She/Her): Also, how has this how has working in this Community shaped your perspective about education or on education.

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00:15:12.450 --> 00:15:13.080

Asmaa Deiranieh: So, um.

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00:15:17.250 --> 00:15:33.180

Asmaa Deiranieh: I would say, working with youth in general is always very eye opening, so I think for so for some of the reasons that I mentioned before, like about and not under estimating the power that the youth have it's always.

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00:15:34.290 --> 00:15:41.550

Asmaa Deiranieh: Every time I think you always grow and learn with the youth and so that was my favorite part of working with youth and why I want to continue doing it.

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00:15:42.780 --> 00:15:51.720

Asmaa Deiranieh: But also the Center for Community health is centered in the area of city heights and so that areas very diverse area, a lot of, um.

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00:15:52.620 --> 00:16:06.630

Asmaa Deiranieh: Low income and minorities, um, do live in city heights and so with that type of work like you do also learn and see the different barriers to access that these Community members have and.

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00:16:07.740 --> 00:16:13.860

Asmaa Deiranieh: just getting exposed to the types of issues that can that that the Community members face.

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00:16:14.430 --> 00:16:26.280

Asmaa Deiranieh: is also something that i'm really happy that I got exposed to but also i'm happy that I work in because when I was a student like you learn about all these barriers and, like the type of effects on health that they have.

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00:16:27.000 --> 00:16:40.920

Asmaa Deiranieh: But, um, not everyone gets the chance to actually be a part of the solution, and so I feel that, like doing this type of work working for the Center for Community health and working like firsthand in a type of in this Community.

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00:16:41.580 --> 00:16:55.740

Asmaa Deiranieh: is a part of the part of like the steps to you know, like to the steps to improving equity, I think, so I think being in a Community like that has been really important to me.

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00:16:58.620 --> 00:17:00.000

Diana Jung (She/Her): that's awesome thank you.

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00:17:03.600 --> 00:17:04.020

Diana Jung (She/Her): well.

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00:17:05.520 --> 00:17:09.360

Diana Jung (She/Her): Is there anything any anything else that you want to share.

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00:17:10.890 --> 00:17:12.480

Asmaa Deiranieh: um let's see.

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00:17:15.540 --> 00:17:22.380

Asmaa Deiranieh: So I guess I could also like explain a little bit about the program because I don't know if I was.

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00:17:23.610 --> 00:17:31.320

Asmaa Deiranieh: If I didn't really explain too much about like exactly what the program is and so just to make sure we have like a like a.

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00:17:31.830 --> 00:17:42.630

Asmaa Deiranieh: That you don't have any questions regarding that, so the youth advisory council is a program as a part of the Center for Community health, so the spinner actually has a lot of different programs.

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00:17:43.530 --> 00:17:48.930

Asmaa Deiranieh: But these advisory councils, one of them under the refugee health unit, and what that program is it's.

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00:17:49.710 --> 00:17:57.240

Asmaa Deiranieh: it's open for high school students, so when we're in person we most likely get students who live in city heights because their offices in city heights.

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00:17:57.840 --> 00:18:09.480

Asmaa Deiranieh: But since we've gone remote we do we, the nice thing about zoom is expanded access a little bit more, so we do all are kind of like have youth from throughout San Diego.

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00:18:10.350 --> 00:18:21.330

Asmaa Deiranieh: And that program so like I mentioned we do focus on different health projects that are where the youth identify issues that are important to them.

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00:18:22.080 --> 00:18:30.330

Asmaa Deiranieh: But those projects very every year, so every year, like the youth identify something different, for I think a couple years ago they have identified.

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00:18:31.320 --> 00:18:39.000

Asmaa Deiranieh: Access to nutritious foods, being an issue in their community of city heights so what they did is they did research on the farmers markets.

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00:18:39.420 --> 00:18:48.210

Asmaa Deiranieh: They collected data to the different like family members, or just Community members of city heights and see what kind of access to healthy foods that they have.

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00:18:48.900 --> 00:19:00.750

Asmaa Deiranieh: So that was a really cool project is just focusing on

the farmers markets and seeing how they could improve access that was one example, and then last year, another example was.

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00:19:02.100 --> 00:19:13.470

Asmaa Deiranieh: They wanted to see like the Community unity around public health issues and because this was last year, like I mentioned it was during the time of a lot of civil.

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00:19:14.460 --> 00:19:25.320

Asmaa Deiranieh: unrest around black lives matter and everything they've decided that the Community wanted to be united against this issue, and so what they did was fundraise a local fundraiser that focused on.

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00:19:26.220 --> 00:19:38.160

Asmaa Deiranieh: Restoring justice to black communities or focusing on their prison systems that was one that they identified that they wanted to support and that fundraisers really successful so that was fun.

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00:19:39.120 --> 00:19:44.910

Asmaa Deiranieh: And really powerful to see the youth were able to activate their family members and just see them.

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00:19:45.990 --> 00:19:57.180

Asmaa Deiranieh: from start to finish, through successful fundraiser that ended up having like a big impact because it was a local nonprofit so I was able to use the the money and like really meaningful ways.

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00:19:57.960 --> 00:20:11.850

Asmaa Deiranieh: So that's a good couple examples of the yak and, like some of the projects that they work on based on that do you have any questions, based on the work that we do, or does it only makes sense anything I can help with.

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00:20:12.300 --> 00:20:23.790

Diana Jung (She/Her): I think, also it also all makes sense, but I guess i'm in my question is that the part of your data that you collect what kind of data, um.

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00:20:25.710 --> 00:20:34.740

Diana Jung (She/Her): Not only the nutrition ways, but the data that you collect from the youth is what kind of data, do you collect from them.

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00:20:35.460 --> 00:20:39.570

Asmaa Deiranieh: So the, do mean like the data of the project?

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00:20:39.690 --> 00:20:43.740

Diana Jung (She/Her): Yes, sorry just going back to the question I had a question in my mind.

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00:20:44.460 --> 00:20:51.090

Asmaa Deiranieh: A great question the data varies every year, based on what they choose to do so.

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00:20:52.410 --> 00:21:08.820

Asmaa Deiranieh: What the farmers market, one I think they it was based on the issue, I think, is based on like kind of depends on the the issue and what they want to learn about it and so at the time they wanted to see like how Community Members feel instead of like.

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00:21:10.470 --> 00:21:23.520

Asmaa Deiranieh: Statistics, so the data can vary based on like collecting interviews, or it could just be gathering numbers, where they do like online research and see like what the data is what the numbers show like how many.

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00:21:25.650 --> 00:21:29.820

Asmaa Deiranieh: Like empirical data based on just seeing like the numbers of if people.

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00:21:32.130 --> 00:21:38.670

Asmaa Deiranieh: have basically like the numbers side, so it could be like that, or it could be qualitative data like where they actually go out and.

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00:21:39.210 --> 00:21:47.670

Asmaa Deiranieh: host groups and talk to them about different things so focus groups are just interviewing their their friends and families or dispersing out surveys.

142



00:21:48.060 --> 00:21:58.830

Asmaa Deiranieh: So all of that what we how we decide on it is we have like a couple meetings dedicated to figuring out what they want to learn and what kind of data would would best show that so.

143

00:21:59.310 --> 00:22:15.780

Asmaa Deiranieh: Like I kind of talked to them in the stats also like a way that I try and facilitate is I try and see like what this issue this research question be best answered by by numbers by that quantitative data or would it be best answered with like.

144

00:22:17.250 --> 00:22:25.680

Asmaa Deiranieh: The human approach worth an actual discussion with someone and you kind of understand and then put their experiences into.

145

00:22:26.160 --> 00:22:33.690

Asmaa Deiranieh: into words and stuff so it's it's pretty nice it's every data method has its pros and cons, I think we do enjoy.

146

00:22:34.260 --> 00:22:47.010

Asmaa Deiranieh: The latter one though the interviews and everything but another cool one is like doing like photo essays so that it's pretty different but that's kind of the range of data that we collect.

147

00:22:47.610 --> 00:22:57.060

Diana Jung (She/Her): gotcha that's very cool, and does that also kind of good first find the age of the group's Member the youth member?

148

00:22:57.960 --> 00:23:02.310

Asmaa Deiranieh: um no I don't think so cuz I think the group generally stays like.

149

00:23:03.390 --> 00:23:24.270

Asmaa Deiranieh: Most of the time our groups, the majority of them are juniors and seniors, we will also have some sophomores but with that I feel like the the youth they're pretty capable and those range of ages, since, so I think they're there are more than capable to do the same type of work it's just the group.

150

00:23:25.350 --> 00:23:40.440

Asmaa Deiranieh: Every year, two different groups, and so they have

different priorities and so it's more like the the group at the time, what they prioritize rather than that, rather than their age, and they do so it's mostly like a group level work.

151

00:23:40.800 --> 00:23:47.190

Asmaa Deiranieh: But because everyone's different someone will focus on a different process so.

152

00:23:47.580 --> 00:23:55.140

Asmaa Deiranieh: With the project, some might be the ones who want to be the face of it, they might be the ones that like want to do the interviews, but some might be the ones that just want to write.

153

00:23:55.770 --> 00:24:03.870

Asmaa Deiranieh: So the only individual part of it is like they might take on different roles, but the overall project is like a group project that we talked through together.

154

00:24:05.910 --> 00:24:12.990

Diana Jung (She/Her): Gotcha, and how do you do, I guess, I know that, like youth.

155

00:24:14.040 --> 00:24:17.430

Diana Jung (She/Her): groups can be shy or still.

156

00:24:19.740 --> 00:24:27.750

Diana Jung (She/Her): shy in a lot of like crowded environment, but how do you how to use come about, to the situation where.

157

00:24:29.070 --> 00:24:38.910

Diana Jung (She/Her): The group of youth is either maybe not too involved into group work or just how do you overcome the conflict or.

158

00:24:40.020 --> 00:24:41.460

Diana Jung (She/Her): That situation.

159

00:24:41.760 --> 00:24:50.580

Asmaa Deiranieh: yeah no it's it's a great question and I think that's something that all facilitators need to kind of always check themselves on and something I try and.

160

00:24:51.240 --> 00:24:58.560

Asmaa Deiranieh: Keep myself in check for a lot, especially as, like the adult, I think, being an adult and youth space it comes with the risk of like.

161

00:24:59.160 --> 00:25:08.490

Asmaa Deiranieh: taking up too much space, so I have to also check myself and making sure that i'm not being too influential and then a youth just kind of just back out and just.

162

00:25:09.270 --> 00:25:16.590

Asmaa Deiranieh: kind of because naturally i'd have that role of power where it's like i'm the adult in the space they would just kind of back out.

163

00:25:16.980 --> 00:25:23.040

Asmaa Deiranieh: And so navigating that does take some creativity, but as facilitators there's different strategies for it.

164

00:25:23.550 --> 00:25:35.400

Asmaa Deiranieh: And with that and, like I try to combat that like I try and do the different team bonding from the very beginning, but also at every meeting I try and set up time for ice breakers, which are always fun.

165

00:25:35.880 --> 00:25:42.450

Asmaa Deiranieh: And do really make a difference, with just breaking the ice and letting them be comfortable with each other.

166

00:25:44.130 --> 00:25:56.250

Asmaa Deiranieh: Naturally, over time, the the meetings, give a little bit more comfortable for you as they get to know each other as well, but those strategies that I mentioned, like the team building all that does help.

167

00:25:57.090 --> 00:26:04.650

Asmaa Deiranieh: And then I think just what the program is is them coming as.

168

00:26:05.370 --> 00:26:10.590

Asmaa Deiranieh: Like they are they're not required to be a part of

this program it's something that they want to do.

169

00:26:10.920 --> 00:26:20.250

Asmaa Deiranieh: So that just the very first step, you know a lot of the Youth chose to be here for a reason, and so it was this type of work they already have that in common that they want to be there.

170

00:26:20.670 --> 00:26:29.280

Asmaa Deiranieh: And so that that makes my job, a little bit easier because I know that they want to be there and they're pretty open to already like coming ready to start the day.

171

00:26:30.930 --> 00:26:47.490

Asmaa Deiranieh: But some youth are different like naturally some people are not just us but everybody's different, and some people are naturally more quiet, some people are naturally more outspoken and so that's another I think role as a facilitator, is to navigate so doing things like.

172

00:26:48.660 --> 00:26:58.320

Asmaa Deiranieh: Can you hear from someone who hasn't spoken or um just making sure that we set Community guidelines and follow it just to make sure that everyone's involved in a way.

173

00:26:58.740 --> 00:27:11.370

Asmaa Deiranieh: So a lot of creative ways, but that's like you said something that I do try and keep in mind this and try incorporate everybody's voice still with whatever strategies, I use for that.

174

00:27:12.450 --> 00:27:21.420

Diana Jung (She/Her): awesome yeah I love how you guys are so creative in the way to approach the event and approach youth.

175

00:27:22.650 --> 00:27:25.680

Asmaa Deiranieh: Thank you so much they definitely make my job, a lot easier, though, so.

176

00:27:26.250 --> 00:27:42.810

Asmaa Deiranieh: I really only have to try a little bit and they they go the rest of the way because, like I said they're ready to be there they're happy to do the work and it's something that they chose is important to them like Community health is something that I used to

want to be involved in.

177

00:27:44.580 --> 00:27:54.030

Diana Jung (She/Her): And my other question would be, how do you how do you spread the word about this program or like how does, how can the youth.

178

00:27:55.650 --> 00:27:58.410

Diana Jung (She/Her): are exposed to the information about this program.

179

00:27:59.220 --> 00:28:05.280

Asmaa Deiranieh: um we the the main recruitment, that we do is by advertising in different schools so.

180

00:28:06.660 --> 00:28:09.210

Asmaa Deiranieh: This especially the schools that are near.

181

00:28:10.380 --> 00:28:16.680

Asmaa Deiranieh: near city heights because that's where we're local and so, especially when we were in in person, we wanted to.

182

00:28:17.370 --> 00:28:25.440

Asmaa Deiranieh: appeal to youth, who are nearby just because we don't create like barriers to access and kind of like driving and everything becomes a little bit difficult.

183

00:28:26.310 --> 00:28:33.300

Asmaa Deiranieh: But that like we would use some recruitment recruitment to schools but mostly by word of mouth and then people.

184

00:28:34.050 --> 00:28:48.930

Asmaa Deiranieh: A lot of youth did bring would bring their friends bring their family, and so I would say, the main thing is the word of mouth, that does kind of get it going, but we also have our website and like we do do some recruitment at the end of the year.

185

00:28:50.670 --> 00:28:52.020

Diana Jung (She/Her): Okay awesome.

186

00:28:54.540 --> 00:29:01.500

Diana Jung (She/Her): yeah I think that will be all I have for the questions if there's anything that I missed or anything.

187

00:29:02.550 --> 00:29:14.280

Asmaa Deiranieh: um I think I can't think of anything but, if you have any more questions feel free to email me at any point i'm happy to answer, whatever questions you might have about anything.

188

00:29:15.390 --> 00:29:17.190

Diana Jung (She/Her): Awesome, will do. Thank you so much.

189

00:29:19.110 --> 00:29:19.710

Asmaa Deiranieh: Alright well.

190

00:29:20.190 --> 00:29:22.500

Asmaa Deiranieh: Thank you, so much Diana, I hope you have a good rest of your day.

191

00:29:22.860 --> 00:29:24.030

Diana Jung (She/Her): you too, thank you so much.

192

00:29:24.030 --> 00:29:24.990

Asmaa Deiranieh: guys anything.

193

00:29:27.090 --> 00:29:34.050

Asmaa Deiranieh: Of course, is there anything that you need for me in terms of like paperwork or any of the interview technical stuff.

194

00:29:34.500 --> 00:29:37.920

Diana Jung (She/Her): As far as now, I do not have anything.

195

00:29:39.090 --> 00:29:44.670

Diana Jung (She/Her): I guess, I think, after this, I have to translate like transcribe the interview.

196

00:29:44.790 --> 00:29:54.810

Diana Jung (She/Her): Okay, well, if there are like words that just you know, like in the zoom kind of like fun transcribes it funky way that i'll probably reach out.

197

00:29:54.810 --> 00:29:55.980

Diana Jung (She/Her): To ask if that's.

198

00:29:56.910 --> 00:30:03.330

Asmaa Deiranieh: yeah absolutely my emails open for anything if feel me to review anything I have any questions definitely let me know.

199

00:30:03.810 --> 00:30:05.550

Diana Jung (She/Her): awesome Thank you so much, and.

200

00:30:06.180 --> 00:30:06.360

and

201

00:30:07.680 --> 00:30:13.680

Diana Jung (She/Her): i'm graduating this quarter, but i'm like props to you and, like all our theme, this also means.

202

00:30:14.040 --> 00:30:19.980

Asmaa Deiranieh: Thank you so much, and congratulations to you for graduating it's definitely a huge achievement.

203

00:30:20.400 --> 00:30:20.880

yeah.

204

00:30:22.050 --> 00:30:23.790

Diana Jung (She/Her): Alright, well, thank you for your time again.

205

00:30:24.360 --> 00:30:25.890

Asmaa Deiranieh: hey have a good day.

206

00:30:26.130 --> 00:30:27.660

Asmaa Deiranieh: You too, thanks bye.